

AHDB Retail Insight Snapshot

# Menu Trends Spring/Summer 2018

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Data Source:

**MCA**  Eating and drinking  
out market insight.

## Menu Dish Trends

- Increasing variety of dishes offered
- Grilled is the most common preparation method while flame-grilled & breaded dishes see strong growth
- Increasing signposting to vegetarian & vegan dishes

## Menu Pricing Trends

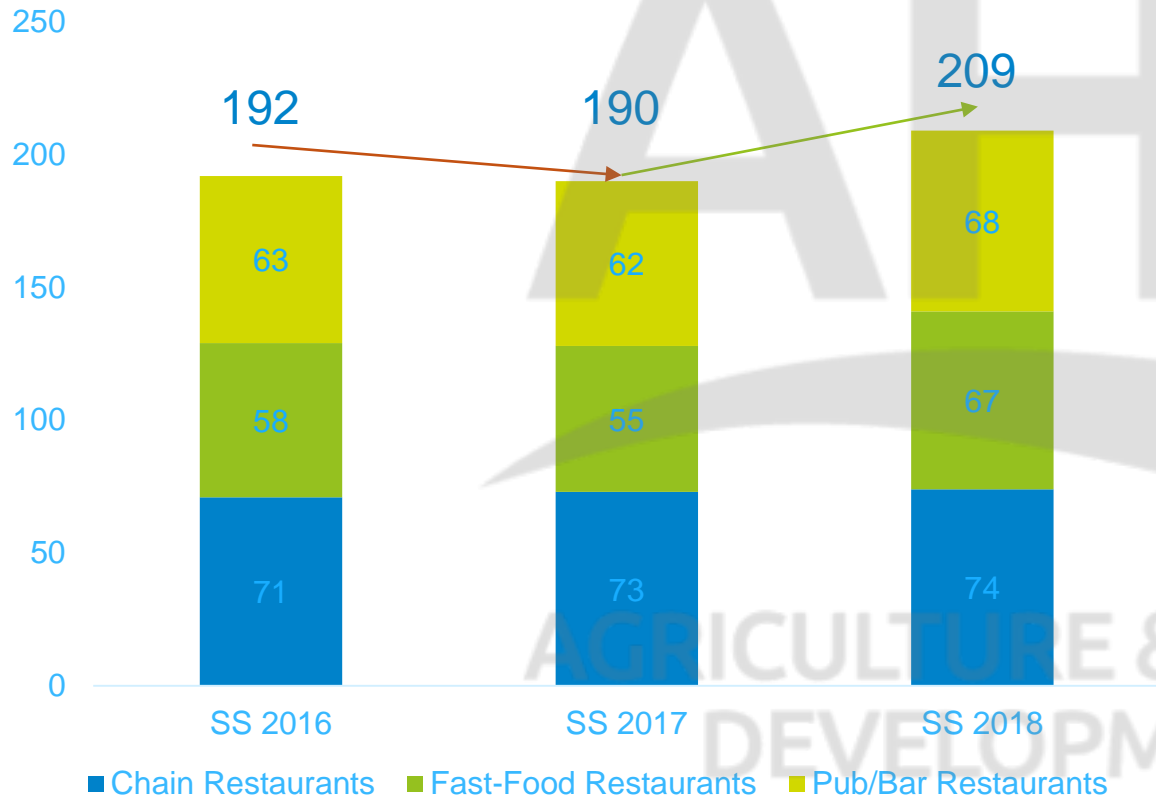
- Average menu price continues to increase although slowing
- Brands are compensating through menu engineering techniques such as descriptive words & psychological pricing
- Promotions are becoming more prominent in the market – fixed price offers are the most popular

## Opportunities

- As variety of dishes and cuisine types grows in food service processors and retailers have an opportunity to innovate offerings and inspire recipes which incorporate a variety of different ingredients and protein cuts
- Encourage 'British' sourcing on menus as a descriptive word due to the link consumers make to quality
- If locally sourced produce is sold, this again should be communicated as this denotes; benefits to local economy/farmers, freshness and sustainability among other consumer benefits.

# Menu's are increasingly offering consumers more variety by driving up dish numbers

Average product count, Spring/Summer 16 Vs. 17 Vs. 18



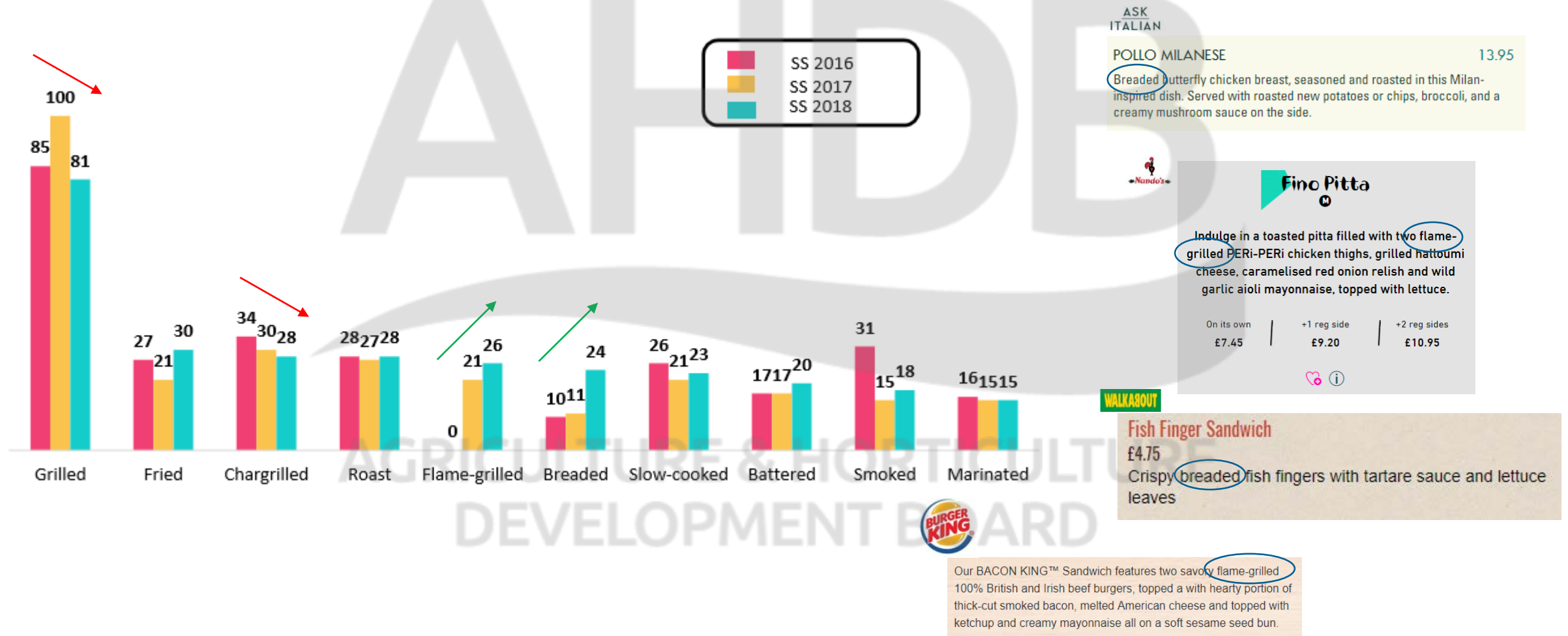
While chain restaurants lead in terms of number of products, they see minimal growth YOY and it is fast food driving product count gains the most; adding 12 dishes to Spring/Summer 2018 menus. The increase is largely driven by operators expanding the number of sides and desserts on offer with Leon adding a dessert section to their menu.



Also contributing to growing consumer variety is the trend towards more adventurous world cuisines and this is reflected in what consumers are claiming to eat OOH\* – see full details in “The competitive game of World Cuisines” article on the AHDB Consumer Insight part of the website

# Grilled is the most popular cooking method stated on menu's while Flame-Grilled & Breaded are seeing an increase in dish numbers

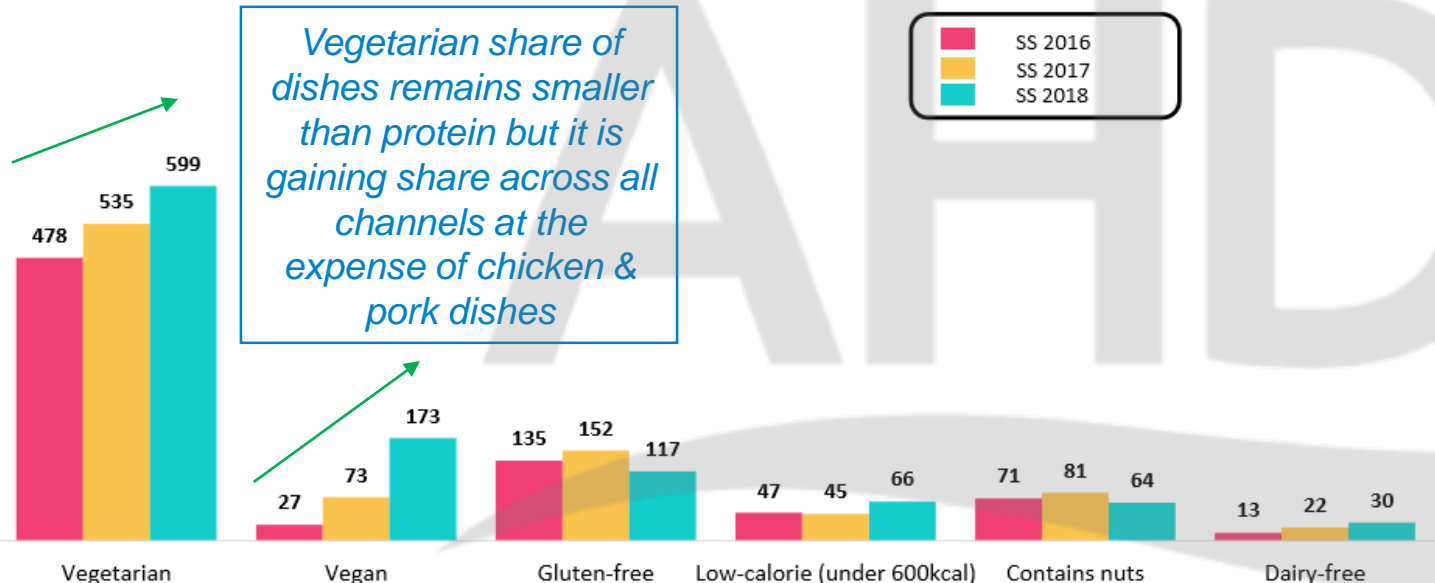
Top 10 most common preparation methods on mains menus only (# of dishes), Spring/Summer 16 vs. 17. vs 18





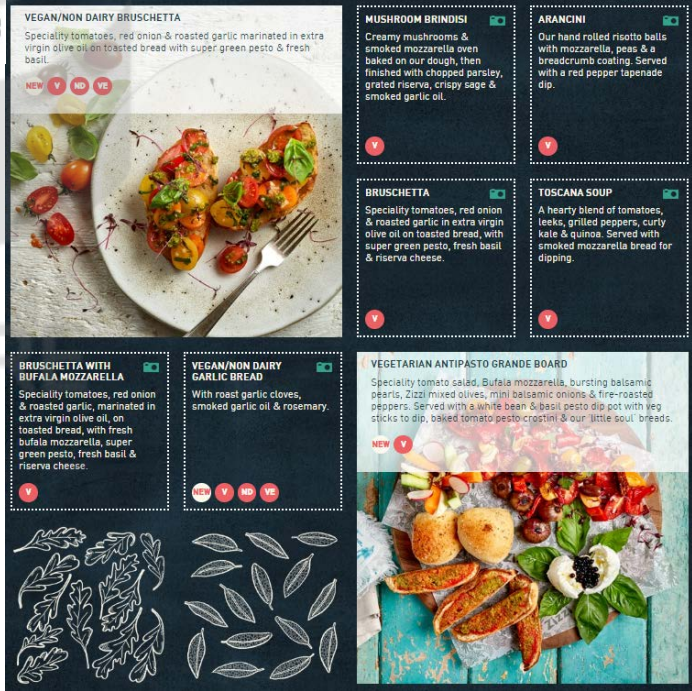
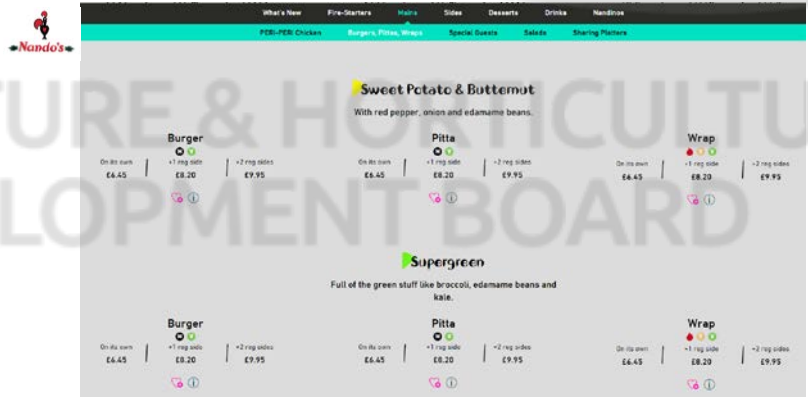
# Dietary labels are becoming more prominent with a trend towards flagging (and offering) more vegetarian & vegan dishes

Number of dietary requirement flagged on menus, all courses, Spring/Summer 16 vs. 17. vs 18

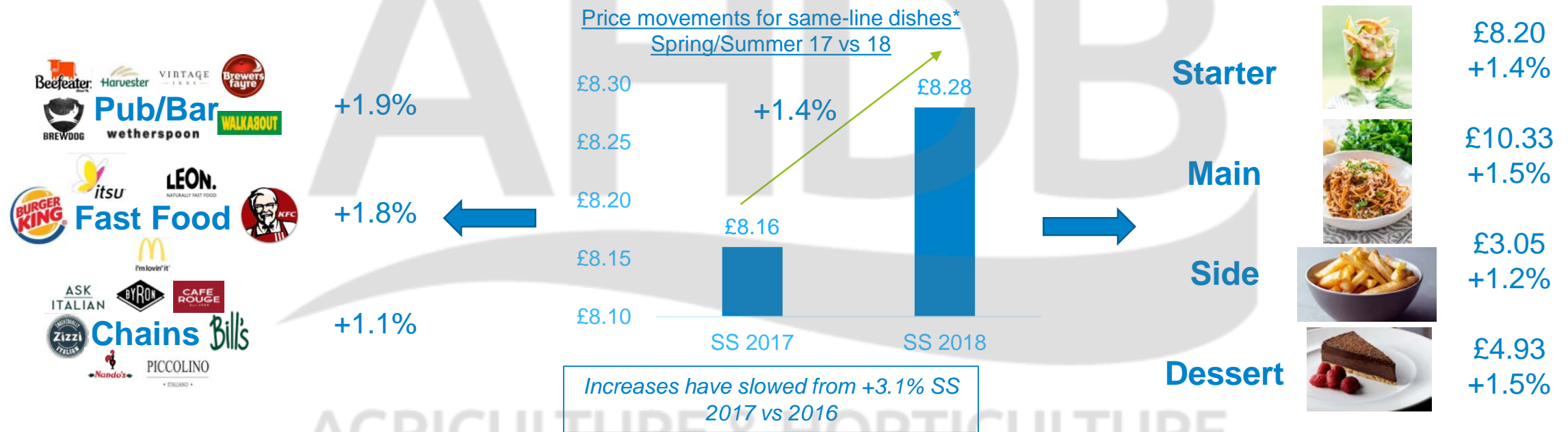


Vegetarian share of dishes remains smaller than protein but it is gaining share across all channels at the expense of chicken & pork dishes

Chain restaurants signal vegetarian and vegan dishes the most. Zizzi, ASK Italian & Nando's having the highest menu flags in Spring/Summer 18



# Average menu price has increased (although slowing) driven most by pub/bar restaurants



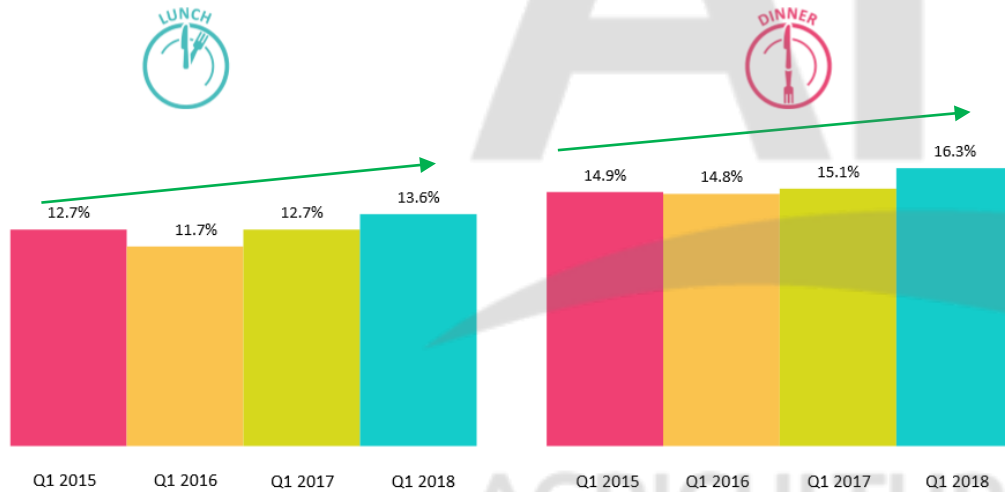




# Promotions are becoming more prominent with the most popular promo mechanic being fixed price offers

The % share of lunch/dinner visits that consumers have used a promotion has grown significantly in 2018

Promotional usage, % share of lunch and dinner visits – Q1 2015-Q1 2018



Driven by...

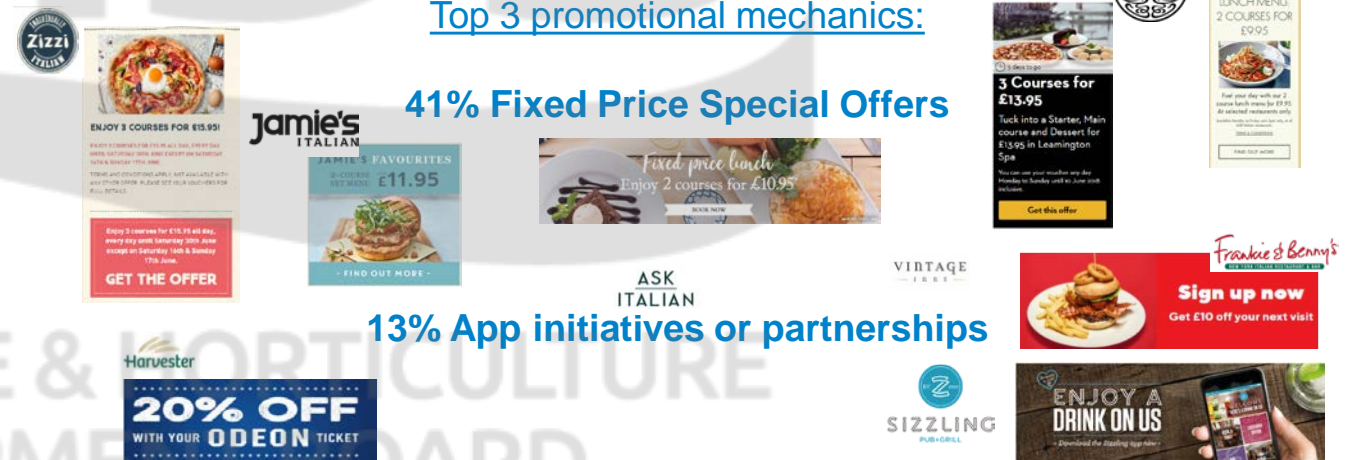


Out of the top 25 branded chain & pub restaurants there were 101 active promotions advertised on the websites in April\*

Among 13 consistent branded chain & pub restaurants assessed in 2013 and then again in 2018, there has been a 50% increase in the total number of promotions available

Top 3 promotional mechanics:

41% Fixed Price Special Offers



13% App initiatives or partnerships

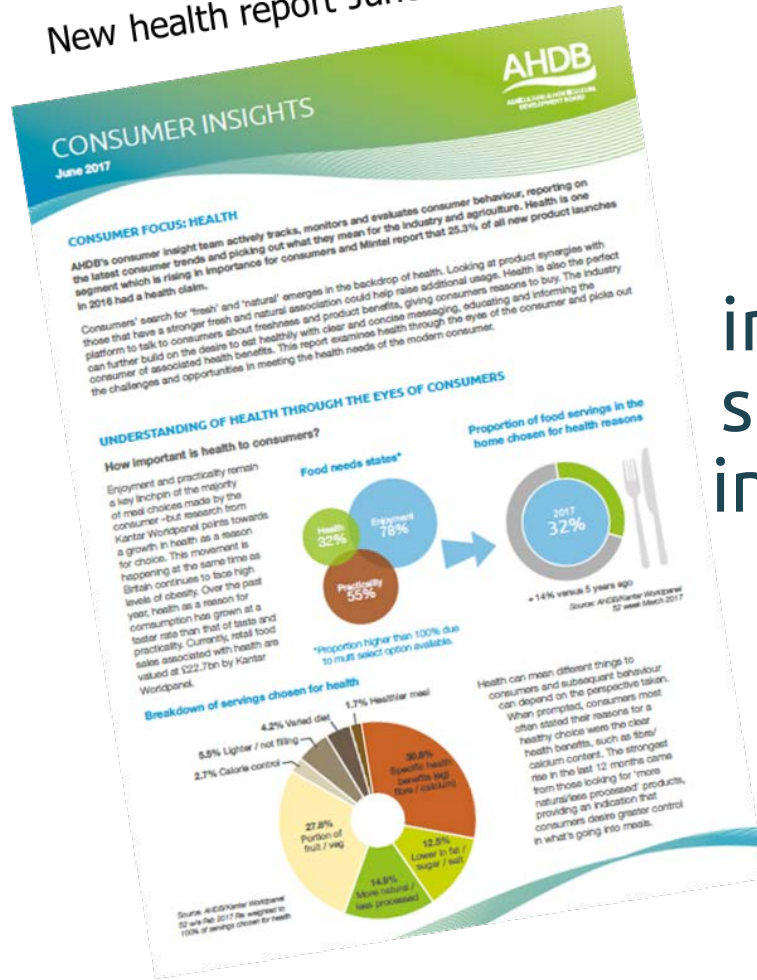
10% kids offers





[www.ahdb.org.uk/consumerinsight](http://www.ahdb.org.uk/consumerinsight)

New health report June 2017



If you would like more information then please sign up to the consumer insight newsletter at the link above.



Welcome to the latest edition of AHDB's Consumer Insights

Understanding consumers is essential to achieving success in any business and grocery retail is no exception. When UK shoppers buy food, price and quality are crucial factors but understanding other influences can add clarity on current market position and future opportunities.

The latest consumer focus report on 'young consumers' explores where the lifestyle choices of younger generations can differ from those before them and how age might not be the most significant factor influencing food decisions.

A wide range of food industry topics are examined in this newsletter. For example, price marked packs are reviewed, in particular the way in which clear price labelling has become more prominent in the time since promotion levels have dropped. Whether this approach has been successful with shoppers is considered. The food-to-go sector is in growth and our article describes how the offering has adapted to better meet the needs of the contemporary consumer.

The articles listed below cover themes from food packaging to eating out and provide an overview of some of our research during the past quarter.

### Consumer Focus: Young Consumers

Consumers often retain the habits that they build up early on in life as they age. There is an argument that younger generations are living differently to the generations before them and it is therefore important that an understanding of young consumers' needs and attitudes is developed. They will form an increasingly important sector of the grocery market and will ultimately become the older generation of the future. According to ONS data young consumers between the ages of 18 and 34 account for approximately 22.5% of the total UK population. This report explores key areas in which young consumers' habits differ from the rest of the population and considers what challenges and opportunities this may pose for



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