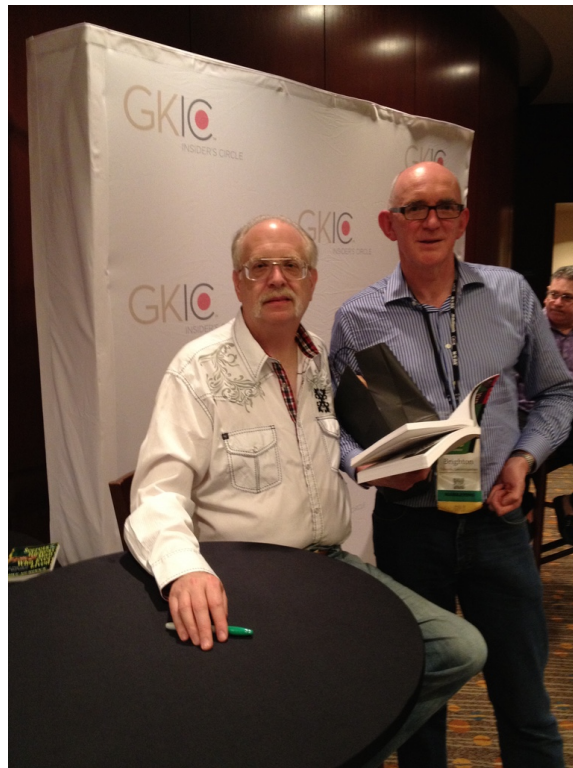


Leading Yourself Or Being The Best You That You Can Be

Alan Brighton
ActionCOACH













**MAKE SURE YOUR
WORST ENEMY DOESN'T
LIVE BETWEEN YOUR
OWN TWO EARS.**

- Laird Hamilton



THE EQUATION FOR CHANGE (source unknown)

VISION	+	SKILLS	+	INCENTIVE	+	RESOURCE	+	ACTION PLAN	=	CHANGE
--------	---	--------	---	-----------	---	----------	---	-------------	---	--------

X	+	SKILLS	+	INCENTIVE	+	RESOURCE	+	ACTION PLAN	=	CONFUSION
---	---	--------	---	-----------	---	----------	---	-------------	---	-----------

VISION	+	X	+	INCENTIVE	+	RESOURCE	+	ACTION PLAN	=	ANXIETY
--------	---	---	---	-----------	---	----------	---	-------------	---	---------

VISION	+	SKILLS	+	X	+	RESOURCE	+	ACTION PLAN	=	GRADUAL CHANGE
--------	---	--------	---	---	---	----------	---	-------------	---	----------------

VISION	+	SKILLS	+	INCENTIVE	+	X	+	ACTION PLAN	=	FRUSTRATION
--------	---	--------	---	-----------	---	---	---	-------------	---	-------------

VISION	+	SKILLS	+	INCENTIVE	+	RESOURCE	+	X	=	FALSE START
--------	---	--------	---	-----------	---	----------	---	---	---	-------------



The time target ...







Thank you

