

### Monitor Farm Conference 2019

Monday 18 – Tuesday 19 November 2019



## Session One

Leading yourself

Chaired by Tom Mead; Duxford Monitor Farm



# Leading Yourself

Alan Brighton; ActionCOACH











1. The importance of mindset

2.The No 1 trait of successful business owners

3. Where do you start?

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# Most business people only ever have a ...



Just O Ver Broke



### But Alan .....







### But Alan .....





















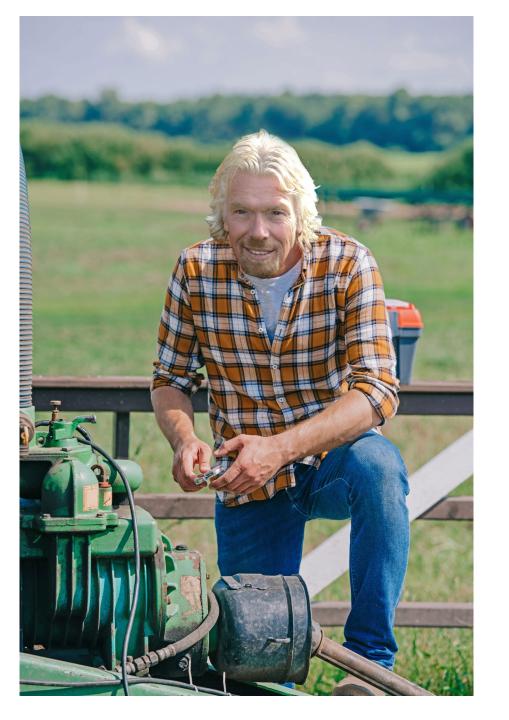


























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