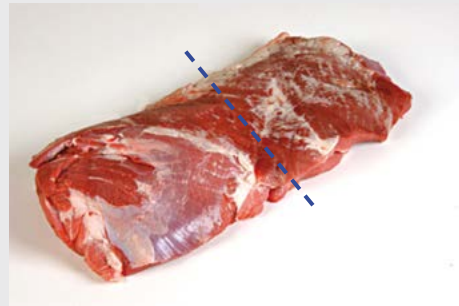
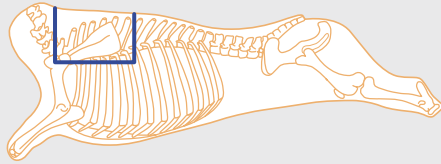


Chuck Steaks

Code:

Chuck V005



1. Chuck roll.

2. The neck and yellow gristle (back strap) is removed.

3. Large fat pockets and...

4. discoloured tissue are removed.



5. Cut into steaks of even thickness.

